

## CURRICULUM VITAE

### Name

Janet Holmshaw

### Current post (since 2001)

Senior Lecturer, CETL Mental Health and Social Work

Project Leader for CETL Service User and Carer Involvement Project Group

### Education

Thornbridge Grammar School, Sheffield, 1964-1970 (full-time)

Froebel College, Roehampton IHE (Univ. Surrey), 1983-86 (full-time)

Royal Holloway and Bedford New College (Univ. London), 1986-8 (part-time)

Kings College London, 2002-4 (part-time)

### Degrees

BSc (Hons) (2i) Psychology and Sociology (University of Surrey) (1986)

MSc in Medical Sociology (University of London) (1988)

MA in Medical Ethics and Law (Merit) (University of London) (2004)

Currently undertaking DProf in Health, Middlesex University, from 2004

### Professional qualifications

Registered Mental Nurse (RMN) General Nursing Council (1974)

Registered General Nurse (RGN) General Nursing Council (1977)

Certificate in Counselling (AEB) Central School of Counselling & Therapy, London (1992)

Postgraduate Certificate in Learning and Teaching in Higher Education, Chichester (2002)

### Membership of Professional Bodies

The Higher Education Academy, Fellow

The Society for Social Medicine

British Sociology Association: Mental Health Group

### Career details

1999-01 Senior Lecturer, Health Studies, University College Chichester:

- Module leader for modules on sociology, psychology, research methods and health and social policy on BSc Health Science, BA Health Studies and BA Health Promotion degree programmes. Also on MA Management (Health and Social Care) for School of Social Studies

1995-99 From Research Associate to Research Fellow, Sainsbury Centre for Mental Health

Main projects included:

- National survey of mental hospitals due for closure by 2000
- Evaluation of the National Schizophrenia Fellowship/ Sainsbury Centre for Mental Health Carer Education and Support Project
- Evaluation of a Community Mental Health Nurse attachment to a Primary Care Team
- Locality Profiling Projects in London, Durham and N & E Devon
- Evaluation of SCMH training programme "Effective Community care for People with Mental Health Problems" at two sites in Trent region
- Survey of Trusts and Social Care providers re "Fitness for Practice" of community mental health professionals commissioned by National Training Organisations for mental health
- Staff development and training needs analysis for mental health staff involved in hospital closure and subsequent redevelopment of mental health services. Commissioned by the Mental Health Network/ Dept. of Health

1992-99 Part-time/ freelance lecturer:

- Lecturer in medical sociology for medical students and dental students at St Bartholomew's and The Royal London School of Medicine and Dentistry, Queen Mary Westfield College, University of London (1992-99), and also for medical students at The Royal Free Hospital (1996)

- Tutor for psychopathology course for psychology students at The London Guildhall University (1993-97)
  - Tutor in child development for nurses undertaking the Diploma in Child, Adolescent and Family Health at the Institute of Psychiatry (1995-96)
- 1994-95 Senior Research Officer, Epidemiology Research Unit, Division of Geriatric Medicine, Royal Postgraduate Medical School, London:
- Nation-wide MRC study of assessment and management of health care needs of elderly people in the community
- 1987-94 From Research Assistant to Higher Scientific Officer, Dept Child and Adolescent Psychiatry, Institute of Psychiatry, and MRC Child Psychiatry Unit, London:
- Follow up twin study: adult outcomes of childhood psychopathology
  - Setting up and overall management of the Childhood Twin Register
- 1986-88 Part-time study for MSc.  
Part-time Research Assistant, Dept Child and Adolescent Psychiatry, London:
- Study of depression in children
  - Study of clinical decision-making in child psychiatry
- 1983-86 Full-time study for BSc.
- 1981-83 Ward Sister (psychotherapeutic community) The Cassel Hospital, Ham, Surrey
- 1978-81 Ward Sister (acute psychiatry) Warlingham Park Hospital, Croydon
- 1977-78 Staff Nurse (alcoholic unit) Warlingham Park Hospital, Croydon
- 1975-77 RGN training/ Staff Nurse, Mayday Hospital, Croydon
- 1971-75 RMN training/ Staff Nurse (acute psychiatry) Netherne Hosp., Coulsdon, Surrey

### **Research and scholarly activity**

Wide ranging research in mental health and mental health services, including evaluation of new interventions/ service developments.

Recent/ current work includes:

- Staff and patient experiences of acute mental health care;
- Evaluation of the implementation of NICE guidelines for schizophrenia within a Community Mental Health Team;
- Learning and teaching support for students with mental health problems
- Evaluation of workbased learning in healthcare practice

Also supporting research carried out by those not experienced in research: service users, mental health practitioners, and teaching colleagues.

### **Research supervision**

Second supervisor for PhD student: Anne Aiyegbusi, (in progress)

Thesis title: Managing the nurse - patient relationship with people who have personality disorders

### **Teaching**

Current: Research methods and supervision of masters students' research projects; Social inclusion and recovery in mental health  
Practice based learning  
Ethics and law in mental health  
Classroom teaching skills

Other: Sociology of health and illness, medical ethics and law

### **Programmes/ modules in past year:**

MSc Effective Community Care/ MSc Acute Inpatient Care (Mental Health) Research Methods and Dissertation module (MHR 4040)

Module Leader: MHR 3606/4606: Social Inclusion and Empowerment;  
MHR 3625: Practice Based learning

Teaching Sessions: for MHR 2510, MHR 2520, MHR 2530, MHR 3602  
Project leader: Short course in learning and teaching in the classroom  
Study days: For local NHS Trusts in Mental Health Law

### **Pedagogic interests**

Supporting service user and carer involvement in teaching and learning in mental health – area of focus for DProf  
Supporting learning and teaching of students with continuing mental health problems  
Evaluation of learning, teaching, training in mental health

### **Administrative roles**

Programme leader for MSc Effective Community Care and MSc Acute Inpatient Care  
Project leader of CETL for Mental Health and Social Work Project Group (user and carer involvement)  
Project Leader for accredited courses in classroom teaching  
Academic Facilitator for CETL/ EMILIA Service User Advisory Group  
Clinical link tutor for student placement areas in Camden and Islington  
Academic Facilitator for Personal Professional Development Group for pre-registration: mental health branch students  
Personal tutor for pre-registration: mental health branch students

### **Publications**

#### **Chapters in edited books**

Holmshaw, J. and Hillier, S. (2000) Gender and culture: a sociological perspective to mental health problems in women, in Kohen, D. (ed.) Women and Mental Health. Routledge

#### **Refereed articles in academic journals**

Holmshaw, J. and Simonoff, E. (1996) Retrospective recall of childhood psychopathology. *International Journal of Methods in Psychiatric Research*, vol.6: 79-88.

Elander, J., Simonoff, E., Pickles, A., Holmshaw, J. and Rutter, M. (2000) A longitudinal study of adolescent and adult conviction rates among children referred to child psychiatric services for behavioural or emotional problems. *Criminal Behaviour and Mental Health*, 10, 40-59.

Simonoff, E., Elander, J., Holmshaw, J., Pickles, A., Murray, R. and Rutter, M. (2004) Predictors of antisocial personality: 1. Continuities from childhood to adult life. *British Journal of Psychiatry*, 184, 118-127.

Caldwell, K., Coleman, K. and Holmshaw, J. (2008) Involving older service consumers in research: practicalities and processes. *Research, Policy and Planning* (accepted for publication)

Collins, A. and Holmshaw, J. (2008) Early detection: a survey of secondary school teachers' knowledge about psychosis. *Early Intervention in Psychiatry*, 2, 90-97

#### **Other refereed articles/ professional journals**

Warner, L., Ford, R. and Holmshaw, J. (1997) Don't just role over and die. *Nursing Times*, 93,52, 30-31.

Shore, L. and Holmshaw, J. (1998) What can carers do? *Mental Health Care*,21,67-69.

Warner, L., Ford, R., Holmshaw, J. and Sathyamoorthy, G. (1998) Homing in: housing and support for people with mental health problems. *Community Care*.

Holmshaw, J., Parkman, S. and Duggan, M. (1999) "Fitness for practice" in community mental health services? *Nursing Times*, 95, 52-53.

#### **Non-published conference contributions**

Holmshaw, J and Lindley, P. (1996) National survey of mental hospitals due for closure, at The Assessment of Psychiatric Services (TAPS) Conference [national conference].

Holmshaw, J. and Shore, L. (1997) Evaluation of National Schizophrenia Fellowship/ Sainsbury Centre for Mental Health (NSF/ SCMH) Carers Education and Support Project, at TAPS Conference [national conference].

Holmshaw, J. and Shore, L. (1998) The NSF/ SCMH Carers Education and Support Project, at the National Schizophrenia Fellowship Conference [national conference].

Holmshaw, J. (2000) Sociological approaches to mental health problems in women, at 6<sup>th</sup> World Congress on 'Innovations in Psychiatry-2000' [international conference].

Holmshaw, J. (2000) Keynote speaker at the NHS Executive and The Sainsbury Centre for Mental Health conference 'Developing the Workforce for Effective Delivery of the National Service framework for Mental Health' [national conference].

Burns, T., Trifourkis, M. Holmshaw, J., Morris, B. (2004) Supporting service user led research in mental health, at Middlesex University conference on User Involvement in Health and Social Care, Practice, Education and Research.

Holmshaw, J. and Johnson, P. (2005) Inpatient Experience at London Mental health Research and Development (LoMHR&D) – Research Showcase Conference.

### **Official reports**

Holmshaw, J. and Lindley, P. (1995) Hospital Closure: Training for Transition. Report of a National Survey of Mental Hospitals Scheduled for Closure by 2000. The Sainsbury Centre for Mental Health.

Holmshaw, J., Durcan, G. and Ford, R. (1998) On the Frontline: Integrating Primary and Secondary Mental Health Care. Report of the Evaluation of a Community Mental Health Nurse Attachment to a Primary Health Care Team (East Sussex). The Sainsbury Centre for Mental Health.

Holmshaw, J. and Parkman, S. (1999) Managing Change in Developing Mental Health Services. Report published on the Dept. of Health website also available from the Sainsbury Centre for Mental Health

Holmshaw, J., Newson, R. and Ford, R. (1999) Locality Profile for Mental Health Services in the North and East Devon Area. The Sainsbury Centre for Mental Health.

Holmshaw, J., Gauntlett, N. and Ford, R. (1999) A Joint Approach to Mental Health: Locality Profile for County Durham and Darlington. The Sainsbury Centre for Mental Health.

Burns, T., George, L., Holmshaw, J., Johnson, P., Kisosonkole, P., Koroma, A., Morris, B., Trifourkis, M. and Vincent, Zoe. (2004) Life on the Wards: Acute Mental Health Care in Haringey. For Barnet Enfield and Haringey Mental Health NHS Trust and Barnet Primary Care Trust