



# University of Cyprus Sports Center

## Tennis Workouts

Tennis training sessions for the Fall Semester, Academic Year 2024-2025 will begin on **Tuesday 17.09.24** and will be as follows:

### Level: Beginners 1,2

- September-Tuesday 4:00–5:00,  
from October Tuesday 10:00-11:00
- September-Tuesday 5:00–6:00,  
from October Tuesday 11:00-12:00
- September-Thursday 4:00–5:00,  
from October Thursday 3:00-4:00



### Level: Advanced 1,2

- September-Tuesday 6:00–7:00,  
from October Tuesday 4:00-5:00
- September-Tuesday 7:00–8:00,  
from October Tuesday 5:00-6:00

### University Teams

- September-Thursday 6:00– 8:00, from October Thursday 5:00-7:00

### University of Cyprus Personnel

- September-Thursday 5:00–6:00, from October Thursday 4:00-5:00

For registrations scan the code below or follow the link:

<https://forms.office.com/e/DpGEZV3jur>

Scan here

### For more information:

Tennis Coach: Maria Erodoutou  
Email: erodoutou.maria@ucy.ac.cy  
Phone: 22894184



\* Note: Training times in September will be different due to high temperature. From October until the end of the semester they will change. See the programme. Those who will register for the training sessions should be able to do all 2 options.