



University of Cyprus
Department of Classics
and Philosophy

Δημωνάκτειες Διαλέξεις Φιλοσοφίας 2025/26 Demonactian Lectures of Philosophy 2025/26

Το Τμήμα Κλασικών Σπουδών και Φιλοσοφίας σας προσκαλεί στην τέταρτη ομιλία της σειράς των **Δημωνάκτειων Διαλέξεων Φιλοσοφίας** για το ακαδημαϊκό έτος 2024-2025, η οποία θα πραγματοποιηθεί **την Τετάρτη 26 Φεβρουαρίου, ώρα 18:30, στην αίθουσα A109** στα Κεντρικά κτήρια (Καλλιπόλεως), με τίτλο:

‘Self-Detachment as Self-Reflection from a 3rd-Person Perspective’

Ομιλητής:

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Abstract:

This paper investigates a cognitive phenomenon that has not received much attention in academic philosophy, namely the phenomenon of believing that p and at the same time suspending judgment about whether this belief is true. It is argued that this attitude constitutes a specific mental state which has many similarities to reflecting about someone else’s beliefs. I call the phenomenon “self-detachment”. I will consider the commonalities and differences between ordinary self-reflection, from a 1st-person perspective, and self-detachment. Moreover, self-detachment is contrasted with similar cognitive states such as mind-fragmentation, epistemic akrasia, and dual-process reasoning. I will also argue that imagination, in particular imagining to reflect about someone else and imagining that someone else reflects about oneself, play a central role for self-detachment and that the cognitive states of mindfulness and cognitive defusion, both extensively discussed in the psychological literature, are similar to it.