

Topic: Introduction to working with children who have been sexually abused

Date: Thursday, 7th November 2024

Venue: LRC 012, "Amphitheatre Filippou Tsimpoglou", Learning Resource Centre UCY Library "Stelios Ioannou"

Programme:

09:00-10:30	Module 1: Understanding child sexual abuse: typologies, prevalence, and disclosure processes
10:30-11:00	Break
11:00-13:00	Module 2: Analysing the impact of child sexual abuse: exploring different frameworks for understanding the impact at different ecological levels, evaluating the relevance of these for participants in the context of their working environment and cultural context, how children might present in that context when they have been sexually abused, and considering vicarious trauma and the impact of this work on practitioners.
13:00-14:00	Break
14:00-15:30	Module 3: Applying trauma focused approaches to working therapeutically with children and families following sexual abuse: introduction to three models (trauma focused CBT, emotion focused therapy with youth, and psychodynamic therapy for complex trauma) and use of role play to develop micro skills in empathy, congruence and unconditional positive regard when working with children and families following sexual abuse.
15:30-16:00	Break
16:00-17:00	Module 3 continued

The maximum number of participants advisable is 30. Registration is open to clinical psychology and school psychology trainees only and will be on a first-come-first-served basis.

Deadline: Monday, 4/11/2024 by 9:00 am.

Cost: free

Trainer:

*Rosaleen McElvaney, Ph.D. - Clinical Psychologist and Psychotherapist
Principal Psychotherapist, Children's Health Ireland*

Rosaleen McElvaney is a clinical psychologist who has worked in the public health services in Ireland for many years, primarily in services for children or adults who have experienced sexual abuse. She has served on the boards of Crime Victims Helpline, the National Board for Safeguarding Children in the Catholic Church in Ireland and One in Four. She is a past president of the Psychological Society of Ireland. She has worked as a lecturer in psychotherapy at Dublin City University and lives in Dublin, Ireland. Currently, she is principal psychotherapist with the Children's Health Ireland. She is the author of the books *Helping Children to Tell About Sexual Abuse: Guidance for Helpers*, *How children tell: Containing the secret of child sexual abuse*, and *Finding the Words: Talking Children through the Tough Times*.