

PSY 100 Introduction to Psychology I (5 ECTS) [ΨΥΧ 100 Εισαγωγή στην Ψυχολογία Ι]

Psychology is the scientific study that aims at describing and explaining human behaviour. More specifically, the science of psychology investigates the thought processes, feelings and behaviours of human beings, based on the interaction between biology and environment. The goal of this introductory course is to offer certain scientific answers to fundamental questions about the following subjects: development, learning, perception, memory, thought, language, motivation, emotions, personality, psychotherapy, and social interaction. In addition, this course offers review and discussion of theories and methods in different areas of Contemporary Psychology, such as Biological, Developmental, Cognitive, School, Social, and Clinical Psychology.

PSY 101 Developmental Psychology I (5 ECTS) [ΨΥΧ 101-Αναπτυξιακή Ψυχολογία Ι]

The course examines human development from conception to adolescence and the factors that affect it. The basic theories of Development (Biological, Cognitive Development, Psycho-Dynamic, Behaviourism) are presented and discussed. The physical, cognitive and socio-emotional characteristics of the individual, during the different stages of development, are also examined. Some of the particular topics, that are included in the course, are the following: research methods, individual differences, and their assessment, genetic and environmental factors that influence Human Development, Cognitive Development, development of personality, Moral, Social and Emotional Development.

PSY 103 Clinical Psychology I: Theories of Personality (5 ECTS) [ΨΥΧ 103-Κλινική Ψυχολογία Ι: Ψυχολογία Προσωπικότητας Ι]

Basic theories of personality development will be discussed in this course, including Type-and-trait Theories, Factor Theories, psychodynamic, behaviouristic and humanistic theories. Issues related to personality evaluation and therapy will also be examined.

PSY 118 Fundamentals of Human Sexuality (5 ECTS) [ΨΥΧ 118 Βασικές Αρχές της Ανθρώπινης Σεξουαλικότητας]

The course aims to provide both theoretical and practical information based on recent research studies related to Sexual Reproduction, Sexual Health and Illness, Familial and Erotic Factors of Sexuality, as well as the effect of religion in the growth of sexuality of the individual. Finally, the most important aim of this course is to assist students in living a healthy sexual life and develop a critical stance towards erroneous, stereotypical and malicious information around issues of sexual health.

PSY 123 Psychology of Motivation (5 ECTS) [ΨΥΧ 123 Ψυχολογία Κινήτρων]

The main topics concern external and internal motivation; motivation and learning process; motivation and goal achievement, school (academic) performance, attribution and its relation to school performance, locus of control and self-concept. Means of motivating students, teachers and parents.

PSY 170 Educational Psychology I: Child Development and Educational Applications (5 ECTS) [ΨΥΧ 170 Εκπαιδευτική Ψυχολογία I]

The course examines psychological applications in the educational process. The following specific topics are included in this discussion: Child Development – cognitive, emotional, social, the work of Piaget, Bruner and Vygotsky, as well as neo-piagetians, the context of development, importance of the family and school, motivation, attributions and self-efficacy. Group dynamics and classroom management.

PSY 200 Psychobiology I: Biological Bases of Behaviour (6 ECTS) [ΨΥΧ 200 Ψυχοβιολογία I]

The course examines the relation between Biology and Behaviour, the effects of philosophy and biology on psychophysiology. It offers a general view of anatomy, physiology and pharmacology of the Central Nervous System (CNS) and an explanation of how the CNS affects behaviour. The role of the CNS in aggressiveness, sleep, sexuality and reproduction, nutrition, learning and memory is discussed. A general reference is made to the biological role of psychiatric disorders like stress, depression and psychosis.

PSY 301 Experimental Psychology Methods (7 ECTS) [ΨΥΧ 301 Πειραματική Ψυχολογίας]

The course will provide students with the knowledge needed to design experiments and to collect, analyse, and interpret experimental data. During this course, students will acquire skills in using the SPSS statistical package to analyse data, and they will gain experience in preparing scientific manuscripts that follow the guidelines of the American Psychological Association (APA). Through in-class analyses and discussions of experiments from various concentrations of research in Psychology, the course aims at promoting students' critical thinking.

PSY 305 Behaviour Analysis and Modification (7 ECTS) [ΨΥΧ 305 Ανάλυση και Διαμόρφωση της Συμπεριφοράς]

An introduction to the Assessment of and Intervention in Behavioural Problems in the areas of clinical practice, work, and education. Structured observation, recordings and analysis of behaviour will be presented. Learning theories, including Classical and Operant Conditioning, will be discussed, and reinforcement and punishment principles will be studied. Single Case-study Methodology and ABAB experimental design will also be discussed. Throughout this course, students are expected to develop an individualized behaviour modification plan to modify a personal area of need. This course requires laboratory participation.

PSY 315 Social Psychology II: Intergroup Relations and Social Representations (7 ECTS) [ΨΥΧ 315 Κοινωνική Ψυχολογία II]

This course will focus on two central fields of Social Psychology: Inter-Group Relations and Social Representations. Regarding intergroup relations, students will be familiarized with the theoretical and practical approaches to intergroup conflict, prejudice and discrimination and improvement of inter-group relations (intergroup contact, categorization, education in mixed contexts). Research findings regarding relations between ethnic groups, immigration and multiculturalism, coming from

Cyprus, Europe and Worldwide, will be discussed. Regarding social representations, the course will focus on social representations of national and gender identity. This course demands participation in laboratories.

PSY 316 Cognitive Psychology II: Attention and Perception (6 ECTS)

[ΨΥΧ 316-Γνωστική Ψυχολογία II]

The course will present students with an in-depth analysis of the main theories and findings from the fields of Attention and Perception. Among the topics, that the course will cover, are the various functions of attention (e.g. divided and selective attention, vigilance, visual search), various topics in perception (e.g. visual and auditory perception, perceptual organization, pattern recognition, depth perception), the applications of attention and perception in daily life (e.g. visual illusions, change blindness), as well as a number of attentional/perceptual disorders (e.g. optic agnosia, Balint's syndrome, hemispatial neglect).

PSY 319 Interpersonal Processes (6 ECTS) [ΨΥΧ 319 Διαπροσωπικές Διαδικασίες]

The course will explore core issues of the social cognition approach in Social Psychology, like: Attitude Formation and Change, Social Information Processing, Cognitive Adaptation in a Social Environment, Emotion, Interpersonal Relations, Aggression and Altruism, Attribution Theory, Affiliation Attraction and Close Relationships.

PSY 322 Psychology of Reading (6 ECTS) [ΨΥΧ 322 Ψυχολογία της Ανάγνωσης]

Reading is a basic skill that is a prerequisite for success in a variety of life and academic domains. Nevertheless, it is also a highly complex skill that requires the coordination of multiple cognitive processes like Perception, Encoding, Memory, and Thinking. This course examines these processes, as they apply to reading tasks that range from word recognition to sentence and text comprehension. However, equal emphasis is placed on the outcomes of reading, in terms of mental representations and knowledge acquisition (learning). Although the course focuses on competent reading, implications concerning reading ability, its measurement and development are also discussed.

PSY 323 Psychology of Language (6 ECTS) [ΨΥΧ 323 Ψυχολογία της Γλώσσας]

Language is taught as a linguistic, biological and physical concept. Language comprehension and language production. Language development in children. Theories on the origin of language. Language and thought. Language and education.

PSY 341 Social Deviance and Illegal Behaviour (6 ECTS) [ΨΥΧ 341 Κοινωνικά Αποκλίνουσα Συμπεριφορά και Παραβατικότητα]

The course studies the psychology of individuals, who violate the law or live on the margins of social life. The psychological profiles, cognitive, emotional and behavioural mechanisms, that predispose

one to develop antisocial behaviours, will be examined. Social phenomena such as family violence, serious criminality, substance abuse and other addictions, as well as membership in cults and other countercultural groups will be addressed from a psychological perspective. The course will also survey methods of assessment and intervention used in these situations.

PSY 342 Psychology of Substance Dependence (6 ECTS) [ΨΥΧ 342 Ψυχολογία της Τοξικοεξάρτησης]

The course will address the psychological, social and biological factors, that contribute to the development and maintenance of addiction to substances. Addiction to nicotine, alcohol and hard drugs will be addressed. The emphasis will be on the current research in the field, dealing with the etiological mechanisms and predisposing factors in these disorders. Approaches to prevention, assessment and intervention will also be discussed.

PSY 343 Applications of Psychology and Field Experience (7 ECTS) [ΨΥΧ 343 Εφαρμογές στην Ψυχολογία και Εμπειρία στο Πεδίο]

This course recognizes that vocational readiness is both a developmental and a complicated process for psychology students. The course will offer both knowledge and opportunities aimed at enabling students to gradually and systematically delineate their own vocational path. Professional issues in psychology and vocational development theories will be discussed. Various specialties in psychology will also be presented during the lectures. Students will have an opportunity to explore their professional interests and to further develop their psychological mindedness, vocational skills, self-awareness, and critical thinking, through field experience and various visits to professionals in the community.

PSY 370 Educational Psychology II: Learning and Instruction (6 ECTS) [ΨΥΧ 370 Εκπαιδευτική Ψυχολογία II: Μάθηση και Διδασκαλία]

The course examines learning and the factors that influence it. Course organization is based on three related areas: learning processes, learning outcomes, and contexts of learning. Topics include: theories of learning, learning and memory, strategies, concept acquisition, knowledge acquisition, restructuring and transfer, learning and intelligence, learning in cognitive and knowledge domains, learning and instruction, inductive and deductive approaches, learning tasks, and evaluation.

PSY 402 Theories of Mind and Consciousness (6 ECTS) [ΨΥΧ 402 Θεωρίες Συνείδησης]

The problems of the human mind and its functions are the main topics of this course. Questions like what mind is, its relation to the body (the body-mind problem), the way it represents the environmental world and its functions, coordination of mental and somatic processes, unconsciousness and consciousness will be targeted for discussion, focusing on their representational aspects.

PSY 403 Cognitive Development (6 ECTS) [ΨΥΧ 403 Θέματα Γνωστικής Ανάπτυξης]

It is an advanced course, that covers theories of the nature and course of human Cognitive Development from infancy to adulthood. The course begins by discussing theoretical issues related to: the structure of the human mind and then proceeds to explore the development of perceptual abilities and attention, examine the development of language and memory, describe several aspects of children's conceptual development, and offers conclusions about the nature of development. This course is designed for students, who have already attended courses in child and adolescent development. Most of the readings will be books and articles, which will be discussed in the class meetings.

PSY 404 Methodology II: Correlational and Experimental Research (7 ECTS) [ΨΥΧ 404 Μεθοδολογία II: Συσχέτιση και Πειραμ. Έρευνα]

The course focuses on specialized methodological issues and statistics in psychology. In the area of Correlational Research, students will be introduced to the methodological approaches, that lead to Hierarchical regression and Factor Analysis. In the area of Experimental Research, this course covers simple and complex factorial designs with emphasis on both experimental design and statistical analysis. It is expected that, students will acquire substantial skills in both Correlational and Experimental Designs and Statistics. It is also expected that, students will be able to understand complex psychological studies and develop the skills to design and conduct psychological experiments.

PSY 423 Mental Retardation (6 ECTS) [ΨΥΧ 423 Νοητική Καθυστέρηση]

The course is an introduction to the basic concepts of Mental Retardation, associated with psychological, social and educational aspects. Special emphasis is placed on similarities and differences between Mental Retardation and normal development advocated by different theories, as well as classification, IQ, chronological and mental age (MA) relationship, motivation, personality, special classes and mainstreaming.