



Markos Apostolakis

Markos is a Marie Skłodowska-Curie Early Stage Researcher and PhD candidate in Psychology at the University of Cyprus. He obtained his bachelor degree in Philosophy, Education and Psychology from the National and Kapodistrian University of Athens, in Greece. After his military service, he moved in the UK to complete a Master of Science in Psychology at the University of Essex.

He continued with a master degree in Cognitive Science at the Ruhr-University of Bochum, in Germany. His current research interests lie in the field of emotion regulation and psychophysiology and how psychophysiological measurements can be used to track and predict the development of essential emotion regulation abilities.